



## Connells Friday 5 Series



### RESULTS - 5km Race Victoria Park, Ashford - 3rd August 2007

Course records:

Please e-mail if you have a query [nickibarron@aol.com](mailto:nickibarron@aol.com)

John Creane 15m 46s

Rona Loubser 18min 15s

RACE No.	TIME	SURNAME	FORENAME	CLUB	M/F	CAT	AGE ON RACE DAY	WINNERS BY CAT	Age coef. Time
145	15:46	Creane	John	Folkestone RC	M	Sen	35	1st Senior Man	15:17
254	16:12	Jackson	Robert	Deal Tri	M	Sen	18		14:58
265	16:32	Knott	Graham	Larkfield	M	Sen	28		16:31
160	16:41	Dennis	Robert	Invicta AC	M	Sen	18		15:25
151	17:07	Deacon	Gareth Mark	Mansfield AC	M	Vet	40	1st Vet Man	16:07
240	17:13	Valdus	Chris		M	Sen	31		17:01
183	17:20	Green	Daniel	Ashford & Dist RRC	M	Sen	36		16:42
116	17:38	Carpenter	Robert	Ashford & Dist RRC	M	Sen	34		17:11
255	17:46	Moore	Daniel	Ashford AC	M	Jun	14	1st Junior Boy & 1st overall based on coefficient time	14:41
227	18:04	Pospisil	Jan	Ashford Tri Club	M	Sen	21	Most Improved Ashford Tri Club Runner- Man	17:36
212	18:08	Jones	Simon	Canterbury Harriers	M	Sen	32		
248	18:15	Loubser	Rona	Folkestone RC	F	Sen	27	1st Senior Lady & New Course Record	18:15
257	18:20	Lazarewicz	Piotr	Ashford Tri Club	M	Sen	38		17:28
264	18:23	Godkin	James	Dulwich	M	Vet	49		16:23
249	18:32	Moody	Adrian	Medway & Maidstone	M	Vet	44		17:01
175	18:36	Gardner	Carl	Dartford Harriers	M	Sen	29		18:32
123	18:38	Coleman	Heidi		F	Sen	30		16:39
83	18:56	Afforselles	Ben		M	Sen	39		17:55
263	18:58	Pannett	Meredith		F	Vet	36	1st Vet Lady	18:16
105	19:08	Bugden	Robin		M	Vet	48		17:10
262	19:08	Horsely	Alex	Thanet	M	Sen	30		
242	19:09	Weber	Mark	Larkfield	M	Vet	44		17:35
247	19:12	Yarnley	Stephen	Ashford AC	M	Jun	17		17:18
244	19:14	Wenman	Mark	Canterbury Harriers	M	SVet	53	1st Senior Vet Man	15:25
266	19:22	Rodger	Eddie	Ashford & Dist RRC	M	Vet	43		17:54
245	19:26	Williams	Russell	Cambridge Harriers	M	SVet	63		15:33
238	19:28	Thomas	Alex	Ashford Tri Club	M	Sen	37		18:39
210	19:31	Jones	Dylan	Ashford AC	M	Jun	17		
218	20:33	Murphy	Nathan John	Ashford & Dist RRC	M	Sen	29		20:28
267	20:34	Rand	Jason		M	Sen	36		19:49
243	20:39	Wenman	Barbara	Canterbury Harriers	F	SVet	49	1st Senior Vet Lady	17:56
216	20:47	Matthews	Timothy		M	Sen	26		20:47
222	20:52	Norman	John	Ashford AC	M	SVet	50		18:29
201	21:02	Hawkins	Mike	Larkfield	M	SVet	52		18:23
237	21:05	Talbot Rosner	Vicky	Invicta EIT	F	SVet	47		17:07
259	21:10	Windle	Jason	Ashford & Dist RRC	M	Sen	37		20:17
253	21:14	Beckett	Samantha	Ashford AC	F	Jun	14	1st Junior Girl	17:33
229	21:44	Raffill	Jamie		M	Sen	31		21:28
98	21:56	Barron	Paul	Ashford Tri Club	M	SVet	50		19:25
209	22:05	Howard	Kelsey	Ashford AC	F	Jun	13		15:56
250	23:04	Brenchly	Peter	Invicta AC	M	SVet	62		18:40
235	23:05	Steatham	Alan		M	Sen	30		22:55
206	23:39	Hedges	John		M	Vet	42		22:00
260	23:48	Beeby	Sally	Larkfield	F	Vet	42		22:08
252	25:02	Bartlett	Edwin		M	SVet	63		20:03
225	25:02	Peach	Alan	Ashford & Dist RRC	M	Vet	45		22:52
258	25:19	Saunders	Clare	Larkfield	F	SVet	46		22:59
236	25:20	Stoker	Susan	Ashford Tri Club	F	Vet	40	Most Improved Ashford Tri Club Lady Runner	21:27
207	25:23	Holt	Neil		M	Sen	39		24:02
174	25:25	Flatman	Lucy	Dartford Harriers	F	Vet	41		21:25
269	25:41	Gillatt	Gary		M	Vet	47		23:10
268	25:41	Gillatt	Anna		F	Sen	25		25:39
261	26:02	Goldsack	Leon	Ashford AC	M	Vet	42		24:13
251	26:29	Archer	Mark	Vets AC	M	Vet	40		
94	28:04	Bancroft	Gary		M	Vet	51		24:41
176	28:54	Gillatt	Carole		F	SVet	46		23:37
226	28:55	Peter	Andre	Ashford Tri Club	M	Vet	41		27:05
234	29:02	Short	Phillip		M	Vet	49		25:52
256	30:40	Tonna	Julie		F	Sen	34		29:53
177	33:15	Gillies	Sarah		F	Sen	26		29:56
262	DNF	Horsely	Alex	Thanet	M	Sen	30		

Co-efficient time to follow

Age Categories:			
Female:		Male:	
Junior	13 - 17	Junior	13 - 17
Senior	18 - 34	Senior	18 - 40
Vet	35 - 44	Vet	40 - 49
Super Vet	45 +	Super Vet	50 +