



## ASHFORD TRI CLUB COMMITTEE MEETING

### **Present:**

Paul Barron – Chairman & Mens Captain  
Terry Foreman – Treasurer  
Matt Cross – Webmaster  
Alex Milne – Welfare Officer  
Adrian Heathfield – Membership Secretary  
Terry Crittenden – Co Opted Member  
Jim Hawkins – Secretary

### **JH**

Phil Booth – Press Officer  
Simon Fox – Co Opted Member  
Dominic Yacoubian – Co Opted Member

**PBa**  
**TF**  
**MC**  
**AM**  
**AH**  
**TC**

**PBo**  
**SF**  
**DY**

### **Meeting Held At:**

The Conningbrook, Kennington

### **Date:**

1st November 2010

### **Start:**

19:00

### **Finish:**

21:15

<b>Item</b>		<b>Action</b>
<b>1.00</b>	<b><u>APOLOGIES FOR ABSCENCE</u></b>	
	Terry Crittenden – Co Opted Member Christine Johnson – Ladies Captain Dominic Yacoubian – Co Opted Member Kate Austen – Social Secretary	
<b>2.00</b>	<b><u>MINUTES OF PREVIOUS MEETING</u></b>	
2.01	<i>Approved and signed</i>	
<b>3.00</b>	<b><u>MATTERS ARISING (NOT ON AGENDA)</u></b>	
3.01	<i>Junior Section – No further developments as yet. Demand to be assessed.</i>	PBa
<b>4.00</b>	<b><u>TRAINING SESSIONS</u></b>	
4.01	<i>Tuesday Swimming – Pool – Rota needs drawing up.</i>	PBa/AH/T C
4.02	<i>Wednesday “Fitness” – Julie Rose Shute – Going OK. Numbers dropped to 7last wk.</i>	State

Item		Action
	<i>AH to liase with Keith Lyon regards taking Turbo sessions</i>	AH
4.03	<b>Thursday Running</b> – <i>On going on an informal basis starting 19:00 at trhe JR.</i>	AM
4.04	<b>Friday Theory Nights</b> – TBC	ALL
4.05	<b>Saturday Kings Wood Runs</b> – <i>Ongoing. Sessions after run to be organised on an Ad Hoc basis.</i>	PB/MC
4.06.01	<b>Sunday Rides</b> – <i>Ongoing. More Leaders required for Rides.</i>	ALL
4.06.02	<b>MTB Rides</b> <i>will be arranged at Kings Wood for the last Sunday in the Month. Subject to popularity gauged on the forum during the week before.</i>	ALL
4.06	<b>Sunday Ride Rota</b> – <i>New rota to be formalised and posted</i>	SF/TC/MC
<b>5.00</b>	<b><u>TRAINING</u></b>	
5.01	<b>Theory</b> – Ideas to be generated <ul style="list-style-type: none"> <li>- See Item 4.06.02</li> <li>- Beginners Guide to Tri formulated after Xmas</li> <li>- Transition Training to be organised</li> <li>- Intermediate Night to be organised</li> </ul>	ALL AH TF Navin SF
5.02	<b>Start Time</b> – Weekend sessions to revert to 09:00 start.	State
5.03	<b><u>Attendance feedback</u></b> - to be sent to SF	PBa
<b>6.00</b>	<b><u>FINANCIAL REPORT</u></b>	
6.01	<b>Verbal Report Given</b> – £4k in bank. £600 to pay to Carvahlo. £1200(apprx) due to Ashford Schoolfor The Pool Hire Account up by £500 on last year. Kit account to be sorted out.	TF
<b>7.00</b>	<b><u>EXISTING MEMBERS ANNUAL DISCLAIMER</u></b>	
7.01	<u>Form to be amended to show “Renewal/Membership” form with a simple “Tick” for renewingmembers to tick if they have no health changes.</u>	AH
<b>8.00</b>	<b><u>TARGET PROGRAMME 2011</u></b>	
8.01	<b>Begginers</b> – <i>Next session planned for March 2011. It is recognised that due to “Tri Speak” a glossary of the terms used needs to be posted on website</i>	State
8.02	<b>Quiz Night</b> – <i>To be re arranged to the AGM night</i>	TC
8.04	<b>AGM</b> – <i>03.12.10. or 10.12.10 TBC but at Ashford Rugby Club</i>	JH
8.05	<b>Kings Wood Night MTB</b> – <i>Date to be confirmed</i>	PBa

Item		Action
8.08	<b>Club Championship Races 2011</b> – EG Sprint (May) Maidstone Duathlon (March) Givaudan 10k (Oct) Lydd Windfarmer Olympic (Sept) ATC 25mile TT (24/07/11) 1k Swim Dover Regatta (Aug) Paddock Wood Half Marathon (Apr)	ALL
9.00	<b><u>NOVEMBER EVENT</u></b>	
9.01	<b>Working Party</b> – 13.11.10 for course clearance	DY/JH
9.02	<b>Event Date</b> = 21.11.10.	JH
9.03	<b>UKA</b> – No contact since initial email sent requesting permit.	State
9.04	<b>Forestry Commission</b> – Permit Received.	State
9.05	<b>Marshalls</b> – Reminder email to be sent for volunteers.	JH
9.06	<b>Entry Forms</b> – To be forwarded to POD+	JH
9.07	<b>Word File</b> – To be forwarded to PBo	JH
10.00	<b><u>KIT &amp; RESOURCES</u></b>	
10.01	<b>Kit Colours</b> – Discussed and agreed to keep as is.	State
10.02	<b>Hi Vis Gilet</b> - Design required.	SF
10.02	<b>Prices</b> - Discussed. Schedule TBC	KA/SF
10.03	<b>Club Buffs</b> – Prices to be investigated. To be given as a momento for the Duathlon/666 in 2011.	SF
10.04	<b>Running Vest</b> – Supplier and design to be adjusted	SF
10.05	<b>Tech Tee</b> – Current design and supplier fine	State
10.06	<b>Deposit</b> – Required from members prior to kit order	State

Item		Action
<b>11.00</b>	<b><u>WEBSITE</u></b>	
11.01	<p><b>Updates/Race Reports</b> – <i>The irregularity of the updates is due to a lack of reports coming through. Committee to encourage reports from race entrants by nomination.</i></p> <p><i>Another tangent would be for the committee to write a report/note as a form of congratulation to race entrants of a particular race.</i></p>	ALL
	<p><b>MC</b> – <i>To write report for Givaudan 10k</i></p> <p><b>PBo</b> – <i>To write report for Chilham Duathlon</i></p> <p><b>PBa</b> – <i>To write report for Nadene in Amsterdam</i></p>	MC PBo PBa
11.02	<b>League Table</b> – <i>Up and running</i>	TF
<b>12.00</b>	<b><u>BTF/UKA/CTT</u></b>	
12.01	<b>BTF</b> – <i>Renewal due Oct/Nov.</i>	JH
12.02	<b>UKA</b> – <i>Renewal due March</i>	JH
12.03	<b>CTT</b> – <i>Renewed for 2011. Renewal required October.</i>	JH
<b>13.00</b>	<b><u>COACHING</u></b>	
13.01	<i>Will Ferrell completed Level 1 Certificate.</i>	State
13.02	<i>Lee Gladwell to take Level 1 in 2011.</i>	State
13.03	Level 2 Courses to be arranged	ALL
13.04	Club Coaches to be added to the Committee Info page on the website.	MC
<b>14.00</b>	<b><u>COMMITTEE</u></b>	
14.01	<p><i>CJ will be standing down as Ladies Captain otherwise the current committee has confirmed its availability for re election.</i></p> <p><i>Lee Gladwell is available to stand as Mens Captain.</i></p> <p><i>Ladies Captain – TBC</i></p> <p><i>Social Secretary -TBC</i></p>	State

Item		Action
<b>15.00</b>	<b><u>AGM/XMAS</u></b>	
15.01	Date =10.12.10. at The Ashford Rugby Club at 19:00	State
15.02	<i>Pasta Party Theme agreed. Caterer to be advised.</i>	JH
15.03	<i>Quiz to be organised by TC</i>	TC
<b>16.00</b>	<b><u>2011 CLUB TRAINING CAMP</u></b>	
16.01	<i>TF to look into arranging a weekend training camp in Whitfield, Dover. Exact date and costs to be confirmed.</i>	TF
<b>17.00</b>	<b><u>NEW MEMBER SURVEY</u></b>	
17.01	<i>New Members feedback evaluation form to be prepared.</i>	PBa
<b>18.00</b>	<b><u>ANY OTHER BUSINESS</u></b>	

**DATE OF NEXT MEETING**

*TBC after the AGM*